

Aging with Dignity:

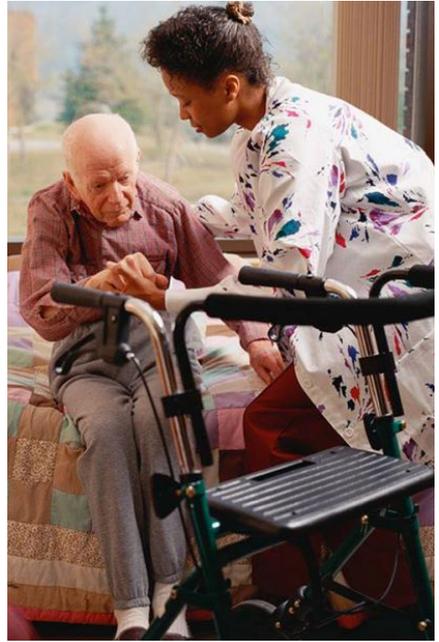
Quality Senior Homecare and Fair Workplaces

Be part of an innovative eldercare pilot training program for consumers and workers

We bridge the needs of consumers and workers through quality training that ensures both the dignity of seniors living at home and the dignity of paid caregivers who support them to live independently.

APPLY NOW*
Training Series begins July 20

*Application instructions inside



What You Will Learn:

- Best practices for hiring and supervising
 - Legal rights and responsibilities of employers
 - Clear and open communication with a paid caregiver
 - Self-directed care
 - Conflict resolution
- Role of the family in care management
- Positive and collaborative relationships
- Planning, budgeting and decision making

WHO SHOULD APPLY?

Seniors and their family members who:

- Need to hire or have recently hired a full- or part-time caregiver to provide assistance with the activities of daily living
- Want to be part of an innovative community driven pilot program

Consumer and Worker Recruitment

This community-based eldercare pilot training program will engage 15 potential employers and 15 eldercare workers. We are looking for current and potential employers (seniors and/or family members) who want to maintain a healthy workplace and carry out ethical employment practices.

The Eldercare Dialogues Consortium has developed a set of best practices to help our communities support caring homes and fair workplaces. In our consumer workshops, we will work with employers to understand the rights and responsibilities associated with employing a caregiver at home.

To learn more about the best practices we will emphasize in our training, visit:

www.caretango.com/eldercaretraining

Our friends at CareTango are administering our application process and screening both consumer and worker participants for the eldercare pilot training program.

The worker organizations of the Eldercare Dialogues Consortium are recruiting workers who will commit to providing compassionate and person-centered care, have experience in eldercare and personal care services, and are proficient in English to take the training course. If you know a worker that might benefit from this training, please refer them to the application link above to apply.

This is a *pilot*...

Opportunities for evaluation and feedback that are built into the training hours are vital elements of this community-based training pilot program. A comprehensive evaluation from participants on all aspects of the training will help us to effectively leverage our success to build sustainable structures, which support this and other programs serving seniors, their loved ones, and the paid caregivers who support them to live independently.

What is the eldercare pilot training program?

AN INNOVATIVE APPROACH

Our training incorporates the values of compassion and dignity for seniors and workers, alongside a technical curriculum. Fifteen consumers and 15 workers will learn separately the skills, which are specific to their own needs and responsibilities. They will join together for three sessions of side-by-side learning that will assist seniors, their family members, and workers in developing strong partnerships and mutual understanding. Be a part of this innovative pilot training program to prepare yourself or a loved one for a positive experience with eldercare.

Breakdown of Training Hours

Consumer Training = 6 Hours

Side-by-Side Training = 14 Hours
with Workers

Total = 20 Consumer Training Hours

Worker Training = 56 Hours

Side-by-Side Training = 14 Hours
with Consumers

Total = 70 Worker Training Hours

APPLY NOW at:

www.caretango.com/eldercaretraining

For more information and application assistance
please call us at (212) 787-7600 x272

Consumer Training Dates:

- Sunday, July 20 | 11:00AM-4:30PM *
- Wednesday, July 23 | 5:00PM-8:00PM
- Wednesday, July 30 | 5:00PM-8:00PM
- Sunday, September 14 | 11:00AM-2:00PM *
- Graduation - Sunday, October 26 | 10:00AM-3:00PM *

** Includes side-by-side training with workers*

**All five sessions will take place in the
B'nai Jeshurun Community House:
270 West 89th Street between Broadway and West End**

What will consumers learn?

The workshops will be spread out over five training dates. The training will provide information and build skills needed to hire, supervise, and maintain clear and open communication with a caregiver. Topics covered will include the legal rights and responsibilities of employers and workers, conflict resolution, planning, budgeting and decision making, the role of the family in care management, as well as how to start and manage positive and collaborative relationships.

What will workers learn?

The worker training covers technical skills and core competencies for workers who provide *personal care services* to support elders and other care recipients in the activities of daily living. This includes but is not limited to workshops on: workplace safety, body mechanics, toileting, bathing, nutrition, understanding the aging process, and caring for a person with dementia. Workers will also receive training in communication and conflict resolution, CPR & First Aid, as well as, consumers' and workers' rights. The technical training will conclude with a Practicum.

What will consumers and workers learn and do together?

The training will include workshops that support the development of a shared commitment to dignified, trusting, and respectful relationships between caregivers and care-recipients. The training will also feature community-building activities with the 15 eldercare workers who are in the process of completing the 70-hour training.

Together, we will explore the question: How do we build caring communities that recognize and value our interdependence?

Questions or Concerns?

Not sure if this eldercare pilot training is for you?

Please call us at (212) 787-7600 x272.

Quality Training Curriculum

Our technical curriculum for workers is based on the Paraprofessional Healthcare Institute's (PHI) personal care services curriculum, which utilizes an adult learner-centered approach to direct-care worker training. Our consumer training modules are based on PHI's coaching supervision modules and new training materials developed in partnership with Hand in Hand: The Domestic Employers Network. The Eldercare Dialogues Consortium, a coalition of both workers and consumers has overseen and contributed to the training design and content that focuses on our values of compassion and dignity for seniors and workers.

All participants will receive a certificate of completion from Cornell University - School of Industrial and Labor Relations and the Cooperative Extension Program. In addition, workers will receive certification in First Aid/CPR/AED from the American Red Cross.

Our Trainers

All training modules will be led by experienced teachers and leaders in their respective fields. The Paraprofessional Healthcare Institute (PHI) is providing technical assistance and trainer orientation to ensure that participants have the best experience possible.

Training Accessibility

Assistance with direct transportation to and from training sessions is available for seniors upon request. Please let us know if we can help.

Caregiver participants who are English Language Learners will have access to one on one English tutoring and support through SEIU 1199 Training and Employment Funds. Tutoring will be offered on weekday evenings outside of the regular training hours and in coordination with individuals' work schedules.

This pilot training is free of charge to participants. The cost to sponsoring organizations to produce the training is approximately \$2,000 per caregiver and \$1,000 per consumer.

Training Series begins July 20

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About Us

This first of its kind, pilot program is being developed by the **Eldercare Dialogues Consortium, a joint worker and consumer coalition which includes:** Adhikaar, B'nai Jeshurun, Damayan: Migrant Workers Association, Domestic Workers United, Jews for Racial and Economic Justice, and the National Domestic Workers Alliance. Our coalition, has been nurtured by a strong foundation of dialogue, relationship building, and shared learning. Together we are taking action to meaningfully prepare seniors and their family members to begin employing caregivers, to create good jobs, and to increase the accessibility of worker training to support New York's rapidly growing senior population to age in place with dignity and support.

Training and curriculum development is in partnership with Cornell University - School of Industrial and Labor Relations and the Cooperative Extension, the Paraprofessional Healthcare Institute (PHI), Hand in Hand: The Domestic Employers Network, and SEIU 1199 Training and Employment Funds.



Jews for Racial & Economic Justice



B'nai Jeshurun
בני ישראל